Packaging kit will maintain up to 50 oz of refrigerated or frozen breast milk for a two day ship cycle. If shipping frozen breast milk, it must be frozen solid BEFORE packing and the 7 X 5 X 4 box should be packed as full as possible.

## Packaging kit contains:

One - Insulated shipping box 7-3/4" X 5-3/4" X 10-1/2" I.D., 11-1/4 X 9-1/4 X 14-1/4 O.D.

One - 25 X 25 Foil "Thermalast" insulating liner

One - 7 X 5 X 4 Inner payload box with 12 X 15 poly bag liner, absorbent pads, and twist tie.

Four - 24 oz Moisture Guard gel ice packs

## **Instructions:**

Refrigerate or freeze milk overnight (6-8 hours).

Freeze all four gel ice packs overnight (6-8 hours), taking care to keep gels flat when freezing. Finish packing procedure as close to shipping time as possible.

Place bags of milk in 12 X 15 poly bag with absorbent pads, seal with twist tie inside 7 X 5 X 4 box.

Fill any excess space inside 7 X 5 X 4 box with tightly crumpled paper.

Place two frozen gel packs in bottom of foam insulated shipper.

Place packed 7 X 5 X 4 box on top of frozen gel packs.

Place remaining two frozen gel packs on top of 7 X 5 X 4 box.

Fill any excess space with tightly crumpled paper.

Insert foam lid and fold over foil Thermalast bag before taping outer box securely closed.

